

# How Jesus taught us to pray

## The Lord's Prayer

Our Father in heaven, Your name be honored as holy. Your kingdom come. Your will be done on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And do not bring us into temptation, but deliver us from the evil one.

[For Yours is the kingdom and the power and the glory forever. Amen.] Matthew 6:9-13 (HCSB)

Our Father in heaven: this means we are praying to our Heavenly Father who lives in heaven.

Your name be honored as holy (Hallowed be Your name): this means God's name is holy and special. Even though God wants us to call him our Father, he is still God, and He is to be respected and honored.

Your kingdom come. Your will be done on earth as it is in heaven: This means we are praying that people would live in peace and love one another, the way it is in heaven. It reminds us that we should be living the way God wants us to everyday.

Give us today our daily bread: means give us today all that we really need, things that we can't live without: we need food, water and shelter. We ask God to provide for us because we love and trust Him.

And forgive us our debts, as we also have forgiven our debtors: asking for forgiveness for our mistakes (sins). But we also need to forgive people who have done wrong to us. Sometimes others hurt us very badly, so we need to ask God to help us forgive them. If we forgive others, God will forgive us.

And do not bring us into temptation, but deliver us from the evil one: It is sometimes very tempting to do something you're not supposed to. We are asking God to help us to know the right thing to do, to protect us against the evil that is in the world (Satan) and keep us away from it.

For Yours is the kingdom and the power and the glory forever. Amen: For Yours is the kingdom means that Heaven will last forever and will always be God's. God also has all the power and all the glory FOREVER! God will never die and will always win! Amen means "so be it." We are asking for this to be the ways things are.

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## My Prayer list: